Ubuntu 2024 Workshop

TITLE: Are you a 'teacher' or an 'enabler of learning'?

Facilitators:

Carol Nyambura, MHPE, PGD-HCQ

After avoiding a career in 'education', I fell in love with the process of helping others learn. For the past 10 years, I have been sharing this love with other Health Professions educators hoping that they can inspire their students to give good quality health care.

Marijke Kruithof, MD, MHPE

Maastricht University and PBL formed me both as a MD and as a GP. In my extensive experience of training all levels of health professionals (& HP educators) around the world, I have become convinced that 'enabling learning' is more effective than 'teaching'.

Synopsis: Are you a 'teacher' or an 'enabler of learning'?

Even though 'student centered learning' as opposed to 'teacher centered education' has been around for a long time now and has proven to be more effective for student learning, it is still not 'common place' everywhere. Large numbers of students and limited (human) resources are often cited as reasons for not being able to change.

In our experience, it takes a real 'chip-change' or paradigm shift for traditional 'teachers' to become real 'enablers of learning'. So how do you set that process in motion and why invest time and energy to achieve this?

In this workshop we want to share some of the creative and interactive exercises that have been developed to achieve this change in mind-set and to give 'teachers' tools to become 'enablers of learning', whatever the setting they work in.

Learning Outcomes

- Explain the difference between a 'teacher' and an 'enabler of learning'
- Use some ideas and tools to take the first steps in changing their own paradigm
- Start looking for more information to continue their journey in 'enabling learning'

Workshop Outline

Time	Activities
5 minutes	Welcome comments Ubuntu 2024 Moderator
5 minutes	Welcome remarks by Carol Nyambura
10 minutes	MILS exercise part I (intro and questionnaires)
30 minutes	Good teacher / mistakes to avoid exercise
10 minutes	Out of the box exercise
30 minutes	MILS exercise part II (group work & plenary)
15 minutes	Plenary session on way forward
10 minutes	Wrap-Up by Marijke Kruithof
5 minutes	Closing comments Ubuntu 2024 Moderator