



## Ubuntu 2024 Workshop

### Title:

Roadmap to community-driven change: Creating a culture of co-learning for health equity

### Facilitators:



*Emily Spence, PhD, MSW, CPH, CHWI; Associate Dean for Community Engagement and Health Equity, Associate Professor Department of Population and Community Health; School of Public Health, University of North Texas Health Science Center*

Dr Spence has worked with communities to address interpersonal violence, healthy lifestyles, poverty, mental health, health inequities, financial stability, and homelessness. She works alongside community partners to promote health equity and to improve community health from the inside out.



*Kari Norheim, PhD, MBA; Chair for Interprofessional Education; Assistant Professor of Population and Community Health; School of Public Health, University of North Texas Health Science Center*

Dr. Norheim works with community-driven initiatives to address substance abuse and mental health challenges in rural areas. She also specializes in environmental health impacts, focusing on the effects of climate change on health, and leads and enhances interprofessional education initiatives through strategic student engagement and university-wide coordination.



*Catherine Sembajwe-Reeves, EdD, MA, LSSGB; Director of the Master of Health Administration (MHA) Program; Assistant Professor of Health Administration and Health Policy; School of Public Health, University of North Texas Health Science Center*

Dr. Sembajwe-Reeves has worked with local public health departments and health care systems to build administrative and management capacity for community access to affordable, equitable, and quality health care. She focuses on the development of

educational content aimed at building a health care administration workforce equipped to better serve community-driven needs.

### Synopsis

This co-learning workshop will provide experience-based instruction and practice of skills that facilitate partnerships between academic institutions and community organizations, healthcare, and school systems. Integrating models of participatory research and practice, empowerment evaluation, and solution-focused dialogue techniques, participants will review features of successful community-led initiatives to improve community health and promote health equity. The workshop will engage participants to share their best practices and experiences, as well as provide examples from our facilitators.

This approach celebrates the strengths and expertise of diverse perspectives, lived experience, practice wisdom, and scientific research. The roadmap offers a model to synergize these perspectives and sources of information to foster collaboration and innovation in community settings.

### Learning Outcomes

- Reflect on and share the active ingredients associated with successful partnerships between academic institutions and community organizations, health care systems, and school systems.
- Practice solution-focused dialogue skills to elicit the wisdom and expertise of diverse audiences.
- Build a repository of strategies to build a culture of co-learning among academic and community partnerships through skills that facilitate engagement and address barriers to success.

### Workshop Outline

<b>Time</b>	<b>Activities</b>
5 min	Welcome comments Ubuntu 2024 Moderator, Welcome remarks by Emily Spence, Introduction to Kari Northeim and Catherine Sembajwe-Reeves
20 min	Review of engagement skills for academic-community partnerships from a solution-focused lens (Spence)
20 min	Attendees gather in small groups and share their success stories, generating a list of transferrable/repeatable skills and strategies (three groups facilitated by Spence, Northeim and Sembajwe-Reeves)
10 min	Small groups report out.
5 min	Wrap-Up by Northeim & Sembajwe-Reeves Closing comments Ubuntu 2024 Moderator