



Ubuntu 2024 Workshop

Title:

Introduction to Emergency Skills for Rural Healthcare Students and Professionals

Facilitators:

Dr Amber Wheatley Buckell

Dr Wheatley Buckell is a family physician working in the British Virgin Islands. She has always had a passion for rural and remote health and is one of the co-founders of Rural Seeds.



DR. NDUHUURA ELICANA

He is a Rural Seeds Ambassador for Africa at WONCA and Junior House Officer at Mulago National Referral and Specialized Hospital in Uganda. He leads Welead Mentor Point Centre, a private not for Profit which promotes mentorship of Next Gen Workforce for Africa.



Associate Professor Sa'ad Lahri Head of Division, Emergency Medicine at Stellenbosch University

With a strong commitment to academics and service delivery, Sa'ad has made significant contributions to the field of Emergency Medicine in South Africa and beyond. His dedication to teaching and mentorship has positively impacted the lives of countless students and healthcare professionals throughout his career.



Synopsis

This workshop aims to provide an introduction to essential emergency skills for healthcare professionals and healthcare students in rural and remote areas. The workshop will consist of four stations; emergency triage, ECG interpretation, X-ray image interpretation, and Obstetric and Gynaecology emergency identification and early management. The workshop will have a maximum of 40 participants who will be divided into four groups. The workshop will start

with a brief welcome and introduction and then each group will rotate to each station. At each station, groups will have a brief lecture followed by an opportunity to put the information in context through case studies. At the end of the workshop, there will be a quiz to reinforce learning. There will also be an opportunity to ask questions or discuss any challenges participants have faced in their experience. By the end of the workshop, participants will have gained knowledge in the early management of emergencies in rural and remote settings and also develop skills in interpretation of ECGs and x-ray images.

Learning Outcomes

- *Early identification and management of common emergencies in rural and remote settings*
- Confidently interpret ECGs
- Confidently interpret x-ray imaging

Workshop Outline

Time	Activities
5 minutes	Welcome and introduction to workshop and facilitators - Amber
20 minutes	Station 1 – Emergency Triage
20 minutes	Station 2 – ECG interpretation
20 minutes	Station 3 – X-ray interpretation
20 minutes	Station 4 – Obstetric and Gynaecology
10 minutes	Quiz
5 minutes	Closing and feedback forms