Ubuntu 2024 Workshop

Title:

Time to *Start Local* in Rural Health: Community Participation in Service, Education and Workforce.

Facilitators:

Professor Roger Strasser: Founding Dean Emeritus, NOSM University, Canada; Emeritus Professor of Rural Health, University of Waikato, New Zealand.

Professor Sarah Strasser: Former Dean of Health, Emeritus Professor of Rural Health and General Practice, University of Waikato, New Zealand.

Synopsis

Like charity, health improvements begin at home. Consistent with social accountability, the *Start Local* approach to rural health services, rural health workforce education and rural health research begins in the community with active community participation through community engagement. People in remote, rural and Indigenous communities are experts on themselves, so it is important to value their expertise through genuine collaboration with co-development, co-delivery and co-evaluation.

Guided by the *Partnership Pentagram Plus* and *Plan, Recruit and Retain* Frameworks, this workshop will introduce participants to the *Start Local* approach. Participants will be encouraged to draw on their own experiences in identifying opportunities for successful local health service redesign, education and workforce retention to develop practical tools to achieve meaningful outcomes.

Learning Outcomes

At the end of the workshop participants will be able to:

- Describe the key concepts in the *Plan, Recruit and Retain* Framework including community engagement.

- Outline how to *Start Local* using *Boelen's Pentagram Partners Plus* collaboration with Appreciative Inquiry to achieve successful health service co-design.
- Describe how they could apply the Start Local approach in their own settings.

Workshop Outline

Time	Activities
5 minutes	Welcome comments Ubuntu 2024 Moderator
5 minutes	Welcome remarks and Introductions by Roger and Sarah Strasser
10 minutes	Presentation of *Partnership Pentagram Plus* and *Plan, Recruit and Retain* Frameworks, and the *Start Local* approach.
15 minutes	Small Group Discussions
10 minutes	Group Discussion Brief Reports
5 minutes	Plenary Discussion
5 minutes	Wrap-Up by Roger and Sarah Strasser
5 minutes	Closing comments Ubuntu 2024 Moderator